

COMMUNITY SERVICES PROFESSIONAL TRAINING INSTITUTE Bereavement After Suicide: Understanding and Working with Loss Survivors

Presenter: John R. Jordan, Ph.D

Date/Time: Friday, May 10, 2019 - 8:30 am - 4 pm

Location: Beth Hillel Bnai Emunah, 3220 Big Tree Lane, Wilmette, IL

N= 110 (91%)

As a result of this presentation	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
I have deepened my understanding of who is a suicide survivor and the risks to their mental	2			22	86
	2%	0%	0%	20%	78%
I have broadened my knowledge about common themes in the bereavement of survivors.	1			22	87
	1%	0%	0%	20%	79%
I have increased my understanding about the tasks of psychological re-integration after suicide loss.	2			26	82
	2%	0%	0%	24%	75%
I have gained useful information about specific clinical techniques that can be of use in grief therapy with survivors.	2		1	28	78
	2%	0%	1%	26%	72%
I increased my awareness of available resources.	2			22	85
	2%	0%	0%	20%	78%
		— ·		- " .	
Please rate other aspects of this training	Poor	Fair	Good	Excellent	
Value of Topic	0%	0%	7 6%	100 93%	
Skill of Presenter	1	1	11	96	
	1%	1%	10%	88%	
Relevance to Your Practice	1	5	30	73	
	1%	5%	28%	67%	
Quality of Presentation	1	1	17	88	
	1%	1%	16%	82%	
Handouts/Illustrative Materials		1	15	93	
	0%	1%	14%	85%	

Which part of the presentation did you find most useful?

- Defining survivors, suicide assessment conversation, terminology concepts, what we can do to help survivors, grief therapy w/ survivors
- Getting Insight into the survivors of suicide/ victims
- Understanding the importance of suicide and loss was very useful specifically in the video used
- Watching the video of the patient that was grieving
- The therapy clips
- Video of client telling what is helpful
- Videos
- Videos of actual clinical work
- Video clips and discussion
- Video of case study
- Clips of sessions and videos
- Video
- The videos
- Videos
- Video and discussion often
- The videos of the case study and discussions of case study
- Discussing the video
- Videos
- The videos of the clients
- Watching the trauma session
- I thought the videos did a really good job of bringing a case study to life
- Liked the videos
- Video
- The clips and explanations
- Videos were very helpful! As well as how dynamic the presentation was
- Watching client's videos
- I liked the variety using case video loved different sections
- Case examples
- Specific examples for clinical use
- Case study was excellent
- I really valued the case studies
- Case study
- Q and A
- Enjoyed how open John was to ask and answering questions
- Audience questions
- Questions
- Question and answer
- Discussion of therapy w grief clients and specific helpful suggestions

- Specific techniques
- The parts of how to do therapy w loss survivors
- Practice techniques with clients
- Interventions with survivors
- Techniques
- The second half with what we could do, and Therapeutic techniques were most helpful
- Examples of specific techniques to use during therapy
- I liked the suggested interventions the most
- EMDR
- The resources, EMDR
- Resources and humor
- The handouts are fantastic
- Handouts
- I especially appreciate the reading list
- Resources
- Resources, testimonials
- I thought the whole day was great and powerful
- · Very important topic not enough time for memory in this field
- Very insightful
- So knowledgeable
- A very lovely meaningful workshop
- All of it Dr. Jordan is an incredible presenter
- Powerful
- Useful
- The whole session was interesting
- All of it
- All of it
- His ease of talking about the topic and ability to get through all the and to talk for the appropriate amount of time

Were there areas of this topic that you wanted to learn about that were not addressed?

- Loved the resource sheets
- Clinical techniques
- Clinical techniques
- Maybe some techniques but that would take too long
- More time on treatment techniques
- Would have liked a little more time on clinical techniques
- Clinical videos
- Video clips of treatment
- Videos
- The clinical taped examples were also helpful

- The video clips from the sessions
- More training on how to talk to children about the issues
- School- age survivors to peers
- More about working with young children survivors
- How to work with children or young adults going through grief but does not get family support
- Effects of suicide specifically on children and the focused was in survivors not children
- Suicide, perhaps unintentional by accident like overdosing etc.
- Specific screening assessment
- The last section
- Group therapy
- How to help people cope with their losses
- · How the client can move forward
- Incidence of PTSD in loss survivors
- Too many self-disclosures from the audience
- More in-depth discussion
- Depth in presentation
- Unclear/ obscure suicide disappearance
- How toxic people -Impact of those that are healing
- The dual program practice model
- It would have been nice if there had been even just 30-40 min talking about attempted suicide
- Felt it was all well addressed
- I was very impressed
- Very helpful

Please add any additional comments or suggestions:

- 1st part of the session was a little much with all the stats
- I am not Jewish but work with many Jewish clients would be helpful to incorporate more Jewish worldviews
- Wonderful presentation
- Nice presentation
- Excellent presentation
- Good presentation
- He was excellent
- The presenter was very engaging, entertaining and knowledgeable
- Thank you for sharing your clinical experience and the therapy sessions were amazing
- Jack was such a good presenter
- Loved the presenter's style
- Hard to hear John on audio
- Everything was great including the handouts
- Too many books not needed
- Case study videos

- Being able to see the live videos
- It seems there was EMPR being used without training
- Less time spent on comments/ personal stories/ questions
- Too many disclosures by adults, set more limits in the beginning
- Overall, I thought the presentation was interesting and worthwhile. I felt a little uncomfortable opening as a suicide attempt survivor because I felt judgement
- I've been to many trainings where the presenter doesn't get to a significant chunk of their presentation because they are overrun by conversations with the audience
- I loved the way you managed questions/ conversation
- Loved audience questions
- Ability to ask questions as a conversation
- Suicide assessment
- Managing suicide clients
- The link between substance abuse and decision making especially during a suicide attempt
- Appreciated depth
- This was a well-organized and run workshop
- Easy to access location, comfortable room, delicious lunch and snack
- Excellent
- Excellent programs
- Excellent topic
- Great training
- This was great
- Excellent
- Really great powerful training
- This was fantastic
- Very interesting presentation
- Great seminar
- Great
- Very beneficial
- Fantastic and helpful
- Better quality
- Not as wonderful as past years
- Fridays are had for an all-day event because of Shabbat
- The training was too long and wanted more variation of treatments
- Parts dragged and lagged some audience questions were off topic
- The only thing I did not like was the focused in the person planning to kill themselves which presumes a decision vs. mental illness

Please make suggestions for future topics and/or presenters:

- Social media and impact of suicide
- Have guest speakers who have lost someone to suicide

- Survivors of overdose vs overdose suicide.
- Dealing with despair that may lead to suicide
- How to navigate active suicide ideation
- Working with clients who has SI but is actively psychotic or change with other medical/ mental health professionals
- None but would love future programs just for clinicians
- Trauma, body work
- Trauma training
- Trauma and children
- Neuroses with trauma
- More in depth trauma education
- Young adulthood the difficulties that are in the time between collage and young adulthood
- Adolescents
- How to handle loss of a child
- Ethics
- Religious harm
- Therapy at the end of life
- Topics relating to senior living transitions
- Hospice, choices, planning as a family issue
- Mental health issues for the elderly
- Medication and psychotherapy for seniors
- Building therapy alliance with those resistant to carry kind of relationship, attachment theory
- Self-care
- Abusive relationships
- Sexual assault
- Domestic violence
- Homicide
- Availability of affordability/ subsidized housing
- Diagnosis and psychotherapy
- Diagnosis and medication used to treat
- Psychopharmacology
- Healing groups for codependents
- Acceptance and commitment therapy intro brief selections based on therapy
- EMDR
- Compassion focused therapy